

HIGH SCHOOL Nationals

APPLETON WI 2025

PRESENTED BY LIMITLESS ELITE GYM

USA POWERLIFTING HIGH SCHOOL NATIONALS 2025 EVENT OVERVIEW

EVENT NAME: USA POWERLIFTING HIGH SCHOOL NATIONALS

LOCATION: FOX CITIES EXPO CENTER

355 W LAWRENCE AVE. APPLETON, WI 54911

DATES: MARCH 20TH-23RD

ORGANIZER CONTACT INFO:

QUINTIN MEYER - MEET DIRECTOR

920-637-0123

QUINTIN@USALIMITLESS.COM

VENUE DETAILS: ONCE YOU ENTER THE VENUE, THERE ARE 3 LEVELS. THE 2ND FLOOR IS WHERE YOU WILL ENTER THROUGH THE SKY WALK THE 1ST FLOOR IS WHERE EQUIPMENT CHECK AND WEIGH-INS WILL TAKE PLACE. THE LOWER LEVEL IS WHERE THE WARM UP ROOM AND COMPETITION ROOM ARE LOCATED.

- NOTES REGARDING FLOOR BOX
1. THE FLOOR OUTLET SHALL HAVE FOUR R44S JACKS WITH WALKER INSERTS AS NEEDED TO ACCOMMODATE JACKS.
 2. WALKER COMS COMMUNICATION CONDUIT ADAPTER WITH 3/4" THREADED HUBS FOR CONDUIT CONNECTION TO 3/4" CONDUIT.
 3. WALKER R44 SERIES WITH INSERTS TO ACCOMMODATE R44S JACKS.
 4. MAXIMUM CORE DIAMETER 4.1197"

WEIGH INS AND EQUIPMENT CHECK ARE ON THE 1ST FLOOR



- ★ AV 65" DISPLAY
- ★ AV 42" DISPLAY
- ★ AV 46" DISPLAY
- ★ AV TOUCH SCREEN
- 📹 PTZ CAMERA
- 📡 AV VIDEO INPUT
- 📡 AV I/O PANEL
- 📡 AV PROJECTOR MOUNT (CEILING)
- 📡 AV PROJECTION SCREEN MOUNT (CEILING)
- 📡 DATA OUTLET MTD IN CEILING FOR USE WITH ACCESS POINT 2 CAT6 CABLES
- 📡 DATA 2 CAT6
- 📡 FLOOR BOX
E01: POWER - (1) 60A 208V/120V; (2) 30A NEMA L21-30R; 208V/120V; (6) 20A 120V NEMA 5-20R GFCI; T01: TELECOM - (6) CAT6
- 📡 FLOOR BOX
E19: WATER CONNECTION
- 📡 FLOOR BOX
E23: POWER - (1) 30A NEMA L21-30R; (2) 30A 120V NEMA 5-20R GFCI; T01: TELECOM - (6) CAT6
- 📡 FLOOR BOX
E01: POWER - (1) 60A 208V/120V, ANGLED PIN SLEEVE PLUG; (2) 30A NEMA L21-30R; 208V/120V; (6) 20A 120V NEMA 5-20R GFCI
- 📡 FLOOR BOX
AV FOR 42" DISPLAY
REFER TO NOTES ABOVE FOR MORE INFO
- 📡 FLOOR BOX
FOR FUTURE KIOSK & DISPLAY
- 📡 COMPANY SWITCH
E06: POWER - 100A 208V/120V COMPANY SWITCH W/ ACCESS THROUGH EXHIBITION HALL WALL
- 🔌 CHARGING STATION
- 📺 CRESTON SCENE SELECTOR
- 📺 CRESTON DOCKING STATION/TABLET
- 📺 CRESTON PANEL
- 🔌 R60-2 - 30 AMP RECEPTACLE
- 🔌 R60-2 - 30 AMP RECEPTACLE
- 🔌 DUPLEX RECEPTACLE
- 🔌 DUPLEX RECEPTACLE WITH USB

FOX CITIES EXHIBITION CENTER
POWER AND TELECOM LOCATIONS
EXHIBIT LEVEL
2017-1019

zimmerman

FENTRESS

USA POWERLIFTING

HIGH SCHOOL

Nationals

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EVENT PARKING

PARKING IN DOWNTOWN APPLETON WILL SEEM DIFFICULT TO THOSE WHO ARE NOT FAMILIAR WITH DOWNTOWN APPLETON. THERE IS AN IMAGE BELOW SHOWING THE MAP OF DOWNTOWN APPLETON. **PRIMARY PARKING WILL BE IN THE "RED RAMP"**, IF THIS RAMP FILLS UP, THE **"GREEN RAMP" IS THE SECONDARY PARKING**. THESE **PARKING GARAGES ARE ATTACHED TO THE HOST HOTEL VIA SKYWALK** WHICH IS ALSO ATTACHED TO THE EXPO CENTER VIA SKYWALK AS NOTED ON THE MAP BELOW. **NOTE: ALL SKYWALKS ARE ON THE 2ND PARKING LEVEL**. IT IS POSSIBLE TO WALK OUTSIDE ON THE STREET LEVEL AND REACH THE VENUE BUT GIVEN WISCONSIN WINTERS, I WOULD **RECOMMEND TAKING THE SKYWALKS**.



APPLETON PARKING GUIDE





USA
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Nationals

APPLETON **WI** 2025

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EVENT SCHEDULE

WEDNESDAY MARCH 19TH		TIME	DETAILS	
		4:30PM-7:00PM	REGISTRATION OPENS	
		5:00PM-7:00PM	EARLY EQUIPMENT CHECK	
THURSDAY MARCH 20TH		SESSION	TIME	CLASSES
		1	EQ CHECK - 5:30AM WEIGH INS - 6:00AM LIFTING STARTS - 8:00AM	JU FEMALES - ALL WEIGHT CLASSES JU MALES - 52KG, 56KG, 60KG, 67.5KG
		2	EQ CHECK - 12:30PM WEIGH INS - 1:00PM LIFTING STARTS - 3:00PM	JU MALES - 75KG, 82.5KG, 90KG, 100KG, 110KG, 125KG, 140KG, 140KG+
			6:00PM-7:00PM	EARLY EQUIPMENT CHECK
FRIDAY MARCH 21ST		SESSION	TIME	CLASSES
		3	EQ CHECK - 5:30AM WEIGH INS - 6AM LIFTING STARTS - 8AM	FEMALES - 44KG, 48KG, 52KG, 56KG 60KG MALES - 52KG, 56KG
		4	EQ CHECK - 12:30PM WEIGH INS - 1:00PM LIFTING STARTS - 3:00PM	FEMALES - 65KG, 70KG MALES - 60KG, 67.5KG
			6:00PM-7:00PM	EARLY EQUIPMENT CHECK
		HIGH SCHOOL COMMITTEE MEETING THE MEETING WILL TAKE PLACE AFTER THE AWARD CEREMONY FOR SESSION 2 CONCLUDES.		
SATURDAY MARCH 22ND		SESSION	TIME	CLASSES
		5	EQ CHECK - 5:30AM WEIGH INS - 6AM LIFTING STARTS - 8AM	FEMALES - 75KG, 82.5KG MALES - 75KG
		6	EQ CHECK - 12:30PM WEIGH INS - 1:00PM LIFTING STARTS - 3:00PM	FEMALES - 90KG MALES - 82.5KG, 90KG
			6:00PM-7:00PM	EARLY EQUIPMENT CHECK
SUNDAY MARCH 23RD		SESSION	TIME	CLASSES
		7	EQ CHECK - 6:30AM WEIGH INS - 7AM LIFTING STARTS - 9AM	FEMALES - 100KG+ MALES - 100KG, 110KG, 125KG, 140KG, 140KG+



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TRAVEL INFO

AIRPORT:

APPLETON AIRPORT (ATW)

DISTANCE TO HOST HOTEL/VENUE: 5.6 MILES

TRAVEL TIME: 14 MINUTES

TRANSPORTATION:

APPLETON AIRPORT HAS CAR RENTALS,
TAXIS AND RIDE SHARE SERVICES.

SCAN QR CODE FOR MORE INFO:



ADDITIONAL INFO

LIMITLESS ELITE GYM WEEKEND PASSES:

WEEKEND AND DAY PASSES ARE AVAILABLE FOR LIMITLESS ELITE GYM.

LIMITLESS ELITE GYM IS 2.9 MILES (7 MINS) FROM THE EXPO CENTER.

WEEKEND & DAY PASSES



KILO PLATE SALE:

AFTER HIGH SCHOOL NATIONALS, WE WILL BE SELLING OUR USED KILO PLATES TO REPLACE THEM WITH NEW PLATES. THESE WILL BE SOLD AS FULL 459KG SETS AT \$1800. A 459KG SET INCLUDES: (14) 25KG, (2) 20KG, (2) 15KG, (2) 10KG, (2) 5KG, (2) 2.5KG, (2) 1.25KG, (2) 0.5KG AND (2) 0.25KG

FOR MORE INFO EMAIL: QUINTIN@USALIMITLESS.COM

**THANK YOU FOR BEING A PART OF HIGH SCHOOL NATIONALS!
YOUR ROLE IS ESSENTIAL TO MAKING THIS EVENT A SUCCESS.**